



HOME EDUCATION CHECKLIST

Month: _____

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Did I clean my room?																															
Did I make my bed?																															
Did I hang up my clothes?																															
Did I put away all of my belongings?																															
Did I brush my teeth?																															
Did I take a bath?																															
Did I put all my dirty clothes in the laundry?																															
Did I lay out my school clothes?																															
Did I clear my mind (10 min. meditation)?																															
Did I finish my homework?																															
Did I take pride in my lessons?																															
Did I treat my classmates & teachers with respect?																															
Did I perform a kind act?																															
Did I pick up all my belongings at home?																															
Did I help clean up after meals and snacks?																															
Did I treat my family with love & respect?																															
Did I say, "Please," "Thank you," and "Excuse me?"																															
Did I eat healthy foods?																															
Did I listen to my parents?																															
Did I limit T.V. to one hour per day?																															
Did I stretch five minutes before going to bed?																															
Did I practice martial arts for 10 minutes?																															
Did I review student home rules?																															

Student's Name: _____ Belt Color: _____

Parent's Name: _____ Parent's Signature _____